

## An Update on Chinta and her family

Greetings from Plan Nepal! Today we would like to let you know about possible changes in the life of Chinta and about projects which took place in the neighbourhood of where the family lives.

### Sponsored child

Name: Chinta Kumari Raut  
Age: 17 years old  
Community: Tejapakad

### Sponsor

Sponsor name: Family Hassel  
Country: Sweden

### Chinta's family

There have been no changes to Chinta's family.

### Schooling

Chinta attends secondary school.

It takes less than 30 minutes to reach school.

### Health

According to the family Chinta has been healthy and has not suffered from any serious illness.

The nearest health facility is about fifteen minutes away.

### Projects

In the area where Chinta lives, families participated in or benefited from:

- Training for volunteers to manage community health centres
- Construction or repair of a school
- Activities to raise awareness on gender issues
- Capacity building and support to women's self-help groups
- Promoting registration and issuance of birth certificates for children

### Learn more

Please see the attached update prepared with children and families to learn more about projects in the wider area.

The information on Chinta and her family was collected by:

J. Kumar Kushwaha  
community volunteer

(8J)

Please continue to correspond with Chinta and her family. Be sure to use your sponsor and child correspondence numbers in all communications:

Sponsor number: 015-0139312  
Child correspondence number: 0202-008898

